

LA NKWANTANANG MADINA MUNICIPAL ASSEMBLY

ENVIRONMENTAL HEALTH AND SANITATION UNIT

NUTRITION, FOOD HYGIENE AND SAFETY

INTRODUCTION

Food safety refers to routines in the preparation, handling and storage of food meant to prevent food borne illness and injury. Safe food handling preventives procedures should be implemented at every stage of the food production cycle in order to curb risks and prevent consumption of contaminated food by consumers.

The aim of food hygiene and safety is to protect and promote health so as to reduce the burden of food-related diseases while contributing to socio-economic development and a sustainable environment. The objective is to promote good health through the intake of a well-balanced diet so as to avoid nutrition deficiency and above all control food borne diseases.

In line with this, the Sanitation Unit organized a number of nutritional intervention programs during the year under review as per the table below.

NUTRITION INTERVENTION ACTIVITIES

DATE	VENUE	TARGET GROUP	NUMBER OF PARTICIPANTS/HOME VISITS	TYPE OF INTERVENTION	METHOD	EXPECTED OUTCOME
23/01/20	Pentecost Preparatory School, Madina	School pupils	550	Nutrition education on balanced diet, deworming and prevention of cholera and other faeco-oral diseases	Interactive discussion, use of posters Demonstration of hand washing with soap under running water	Awareness creation on worm infestation, faeco-oral disease and prevention of malnutrition,
12/02/20	Assembly conference hall	School feeding caterers	24	Nutrition, kitchen and personal hygiene education, food safety and storage practices	Participatory discussion	Prevention of food borne diseases, good sanitation improve health and nutritional status of pupils
10/03/20	Madina polyclinic	OPD attendants	55	Education on cholera preventive measures and	Participatory discussion on the	Healthy growth in children and prevention of malaria

				the use of insecticide treated nets	use of treated mosquito nets.	
11/04/20	Madina main market	Market women	30	Education on the use of iodated salt and avoidance of adulterated food products. Cholera and COVID-19 Safety Protocols	Practical demonstration of hand washing with soap under running water	Prevention of goitre and food borne diseases Strict adherence to safety protocols
16/04/20	Redco Market	Traders	25	Education on the use of iodated salt, avoidance of adulterated and expired food products. Cholera and COVID-19 Safety Protocols	Practical demonstration of hand washing with soap under running water	Prevention of goitre and food borne diseases Strict adherence to safety protocols
12/05/20	Assembly hall	Traders and transport operators	55	Sensitization on good sanitation practices, Cholera and COVID-19 preventive measures	Practical demonstration of hand washing under running water	Ensure strict adherence of safety protocols and avoid food contamination
08/07/20	Oyarifa	Residents	32	Education on the use of iodated salt, avoidance of adulterated and expired food products.	Door to door education	Prevention of goitre and other food borne diseases
29/07/20	Madina	Residents	35	Good sanitation practices, personal hygiene and food safety	Door to door education	Prevention of cholera and other faeco-oral diseases
06/08/20	Adenta west	Residents	40	Good sanitation practices, personal hygiene Education on the use of iodated salt, avoidance of adulterated and expired food products.	Door to door education	Prevention of cholera, goitre food borne and other faeco-oral diseases
07/09/20	Pantang village	Residents	32	Good sanitation and personal hygiene practices	Door to door education	

						Prevention of cholera and other faeco-oral diseases
12/10/20	Teiman	Residents	40	Sensitization on avoidance of adulterated and unwholesome food and meat	Door to door visits	Prevent the consumption of contaminated food diseases
17/11/20	Oyarifa	Residents	36	Education on good sanitation practices, food hygiene and safety	Door to door visits	Ensure clean environment and promote food hygiene
10/12/20	West Adenta	Residents	38	Sensitization on food hygiene and faeco-oral diseases.	Door to door visits	Promote good health and clean environment